

NEWSLETTER

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OCTOBER'25-DECEMBER'25

WISHING YOU A VERY HAPPY NEW YEAR

FROM SALAAM BAALAK TRUST

Salaam Baalak Trust at the Delhi Half Marathon



Children and staff from Salaam Baalak Trust proudly participated in the Delhi Half Marathon, promoting fitness, confidence, and teamwork. The event offered children a joyful opportunity to be part of a large community celebration. Participants were later recognized at The Meridian for their inspiring effort and enthusiastic participation, and Salaam Baalak Trust was honored among the top 10 NGOs in the Cause category.

STATE- LEVEL CONSULTATION ON CHILD MENTAL HEALTH



On 17th December 2025, Salaam Baalak Trust organized a state-level consultation on “*Best Interest of a Child from a Mental Health Perspective*” for duty bearers and stakeholders. The session included presentations on SBT’s Mental Health Programme, inspiring alumni stories, and discussions on child welfare, restoration, and transfers. Experts emphasized the importance of integrating mental health into child protection systems, respecting the child’s voice, and strengthening cross-sectoral collaboration. The consultation concluded with actionable recommendations for CWCs, DCPUs, NGOs, and government bodies to ensure holistic care for children.

The consultation was graced by Dr. Rashmi Singh, IAS, Executive Director, National Mission for Empowerment of Women, Ministry of WCD, Government of India, whose presence and insights added value to the discussions.

WORLD MENTAL HEALTH DAY



SBT Team celebrated World Mental Health Day with children (16+ years) and staff from all SBT Centers. The session included engaging activities on self-awareness, emotional expression, group discussions on real-life situations, body movement, and a visual art activity titled “*My Safe Place*” to promote emotional grounding and resilience. It concluded with a Gratitude Tree and reflection sharing. Children participated actively, expressed themselves openly, and shared that the session boosted their confidence, connection, and understanding of emotions.

SPECIAL FILM SCREENING FOR CHILDREN



PVR Nest, along with Amita Joseph, organized a special film screening for children at PVR Anupam, Saket, New Delhi, on Wednesday, November 5th. The movie screened was *Sitare Zameen Par – Sabka Apna Apna Normal*. A total of 120 seats were reserved for children from various SBT centres, including Kishalaya Centre, DMRC Boy Home, Udaan Girl Home, Asra Home, Kalandar Colony, Mansarovar Centre, and the Wellbeing Centre.

We extend our heartfelt thanks to PVR Nest and Ms. Amita for organizing this wonderful experience. Special appreciation to Dr. Bijlani for inspiring and addressing the children, and to Dr. Indu Prakash for her warm interaction and engaging discussion with the children about the film. It was truly a memorable and inspiring experience for all.

ANNUAL PLAY- KRIPA UNLIMITED

धर्म, ढोंग और डिजिटल युग पर तीखा
व्यंग्य 'कृपा अनलिमिटेड'



नाट कृपा अनलिमिटेड का मंचन करते कलाकार। अमर उजाला

नई दिल्ली। मंडी हाउस के एलटीजी ऑडिटोरियम में आयोजित तीन दिवसीय नाट्य उत्सव का गुरुवार को समापन हुआ। समापन अवसर पर सालाम बालक ट्रस्ट, दिल्ली की वार्षिक प्रस्तुति 'कृपा अनलिमिटेड, बाबा की लीला अपार' ने दर्शकों को हंसी के साथ सोचने पर भी मजबूर कर दिया। फ्रॉमीमी लेखक मोल्लिएर की क्लासिक रचना 'टार्टूफ' से प्रेरित इस नाटक ने धर्म, दिखावे और डिजिटल युग के पाखंड पर गहरा व्यंग्य किया। कथा ने यह सवाल उठाया कि आस्था और अधभक्ति की सीमाएं आखिर कहां धुंधली हो जाती हैं। युवा कलाकारों ने अपनी सशक्त अदायगी, धारदार संवाद और प्रभावशाली मंचीय उपस्थिति से दर्शकों की खूब सराहना पाई। मंच पर कभी हास्य का विस्फोट हुआ, तो कभी व्यंग्य के बाँच सच्चाई की तलख झलक उभरी। कार्यक्रम के अंत में सभागार देर तक तालियों की गूंज से भर गया। संवाद

Our annual play is more than a performance — it is a celebration of transformation. Over the years, our children and alumni have taken charge not only as actors but also as writers and directors, using theatre to tell stories that matter and to reclaim their voices.

This year’s production, *Kripa Unlimited*, was written and directed by the alumni of the Trust, and is performed entirely by the children of SBT. Adapted from Molière’s *Tartuffe*, the play was a satirical take on blind faith, online scams, and the misuse of social media. It weaved humor and insight into a powerful social message while highlighting the imagination and talent of young people who have overcome immense odds.

Collaboration with Ayur Gyan Nyas



The 5th session by AyurGyan Niyas on “*The Human Mosaic – Emotions, Values & Who We Are*” helped participants understand emotions, identity, and empathy through interactive activities. The session strengthened emotional awareness and encouraged more sensitive, patient, and non-judgmental work with children.

WORKSHOP



A workshop on safety and boundaries was conducted on Saturday at Udaan Home in collaboration with the Global Shine Foundation. The session aimed to help children understand personal safety, healthy boundaries, and appropriate responses to uncomfortable situations. Through interactive discussions and activities, children were encouraged to express themselves, build confidence, and develop skills to protect their well-being.

RENOVATION



An event was organized by Ujjivan Bank and Parinaam Foundation to mark the completion of painting and renovation at Aasra Home. The event was graced by our Ms. Shikha as the chief guest, along with the Ujjivan Bank team. The program began with an introduction of Ujjivan Bank, followed by Ms. Shikha sharing the journey of Salaam Baalak Trust. The children added warmth and joy to the celebration with dance and poetry performances. Guests then toured the newly renovated home, learning more about Aasra and its inspiring story.

GERMAN CHRISTMAS MARKET



The Walker Dream stall was a part of the German Christmas Party, delighting attendees with its festive offerings. The stall showcased creative and engaging activities, spreading holiday cheer and adding a joyful touch to the celebration.

FUND RAISING EVENT



The Anirudh Verma Collective performed a special concert to support Salaam Baalak Trust's fundraising efforts. The event brought together music lovers for a cause, creating a lively and engaging atmosphere while contributing to the Trust's mission of supporting and empowering children.

DONATE NOW

<https://www.salaambalaktrust.com/donations.php>

INAUGURATION OF DIGITAL LAB



The CBRE team inaugurated the new Digital Lab at Aasra Home today. After a brief introduction to Salaam Baalak Trust and CBRE, the team interacted with the children and learned about their aspirations. The children delighted everyone with dance and singing performances. The lab was formally inaugurated, followed by hands-on engagement with the children, who also prepared special cards for their guests. As part of the initiative, the lab was equipped with 3 desktops, 1 laptop, and 1 printer.

NIOS OBE ORIENTATION



A session on Open Basic Education, National Institute of Open Schooling, and Higher Education was organized at Udaan Home to create awareness among children about exam preparation. Students were guided on examination patterns, preparation strategies, and

future educational opportunities. Teachers were also briefed on the registration processes for OBE, NIOS, and higher education to enable better guidance for the children.

CAMPS



A T.T. vaccination camp was organized today at the Yamuna Bazar Contact Point, where 61 children were successfully vaccinated. The camp aimed to ensure the health and well-being of the children and was carried out smoothly and efficiently.



A dental camp was organized today at the Shastri Park Contact Point through the Mobile Bus initiative. A total of 65 children received dental check-ups, and some children also received necessary treatments. The camp focused on promoting oral health and hygiene among the children.

CELEBRATION

DUSSEHRA



Dussehra is a reminder that dharma always triumphs. Wishing you strength, wisdom, and positivity on this auspicious occasion

CHRISTMAS



Christmas was celebrated with great joy and enthusiasm at the Kishalaya Centre of Salaam Baalak Trust. The children participated wholeheartedly in fun games, filling the atmosphere with laughter and happiness. Everyone came together to cut the Christmas cake and share warm wishes, followed by surprise gifts from Santa Claus that brought big smiles to the children's faces. The celebration truly spread joy, togetherness, and festive cheer among all.

CHILDREN'S DAY



Soumik Dutta and his group celebrated Children's Day with the children, creating a joyful and memorable experience. The group performed for the children, who participated with great enthusiasm and excitement. Their gentle, friendly, and engaging interactions made the children feel valued and special throughout the celebration.

CAST PARTY AND SBT 37 BIRTHDAY



On the occasion of completing 37 years, Salaam Baalak Trust organised a cast party for the children and staff who participated in and were involved in the SBT Annual Play. The celebration was a joyful moment to appreciate their hard work, creativity, and dedication, and to celebrate 37 years of commitment towards the care and development of children.

DIWALI



Children and staff from Salaam Baalak Trust enthusiastically participated in the Delhi Half Marathon, making it a memorable and inspiring experience for everyone involved. The event was not just about running, but about building confidence, teamwork, and a spirit of perseverance among the children. With great energy and determination, the children ran alongside staff members, encouraging one another at every step. Their participation reflected the values of discipline, resilience, and healthy living that Salaam Baalak Trust promotes through its programs. Taking part in such a large public event also gave the children a sense of achievement and pride, boosting their self-esteem and helping them feel included in the larger community. We are proud of our children and staff for representing Salaam Baalak Trust with such enthusiasm and positivity, and for proving that with support and encouragement, every child can rise to new challenges.

HURRY UP AND BOOK YOUR SLOT

Our Citywalk and Old Delhi food walk is fascinating and a new experience for all those who book it, Don't miss your turn!

www.salaambaalaktrust.com/book-a-city-walk-tour.php

<http://www.salaambaalaktrust.com/>

<http://www.salaambaalaktrust.com/newsletters.php>

www.salaambaalaktrust.com/our-annual-reports.php

